

Russian Osteopathy: History and Modern Status

Larisa Lasovetskaya MD, DO

Russian Academy of Osteopathic Medicine

- Osteopathy came to Russia less than 20 years ago.
- It was introduced to Russian physicians by Viola Frymann (we shall be always thankful to her for that), and started developing at the beginning of the 90-ies, when some of our physicians began applying osteopathic techniques in their clinical practice.



Russian physicians among the participants of Viola Frymann's seminar in Pomona (USA) 1995

- Up till now for about **90%** of practicing osteopaths in Russia are clinically experienced physicians, which is a unique peculiarity of Russian osteopathy.
- Approximately **10%** of them have scientific degrees in their initial medical specialties.

- In 1993 in St Petersburg Professor V. Andrianov opened the Academy of Child's Development – the first osteopathic institution in Russia.



Professor Vladimir Andrianov treating a child (1995)

Due to a strong need in systemic osteopathic education, in 1994-1996 the first two osteopathic schools started functioning, one under the auspices of Ecole Superieure d'Osteopathie (France) and the other – of the European School of Osteopathy (UK).



The first seminar in osteopathy for Russian physicians at the ESO (1996)



Russian Osteopathic Association
was created in 1995
110 members



Russian Registry of DOs
was created in 1997
187 members (71 DOs +116 students)



Unified National Registry of Osteopaths
was created in 2006
178 members (85 DOs + 93 students)
6 clinics, 2 schools

systemic osteopathic education is provided by **four** schools



ESO (UK) collaborating with Russian Institutions

РВШОМ
РУССКАЯ ВЫСШАЯ ШКОЛА
ОСТЕПАТИЧЕСКОЙ МЕДИЦИНЫ

Russian Higher School of Osteopathic Medicine
Was created in 1994
3-year part-time course
132 graduates



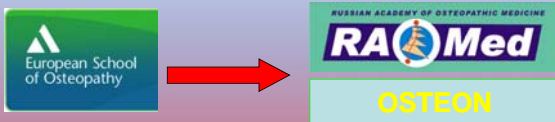
Institute of Osteopathic Medicine
Was created in 2000
3,5-year part-time course
60 graduates



Institute of Osteopathy
Was created in 2006
3,5-year part-time course
70 graduates

ESO (UK) collaborating with Russian Institutions since 1996

- 4 year part-time studies
- 78 graduates

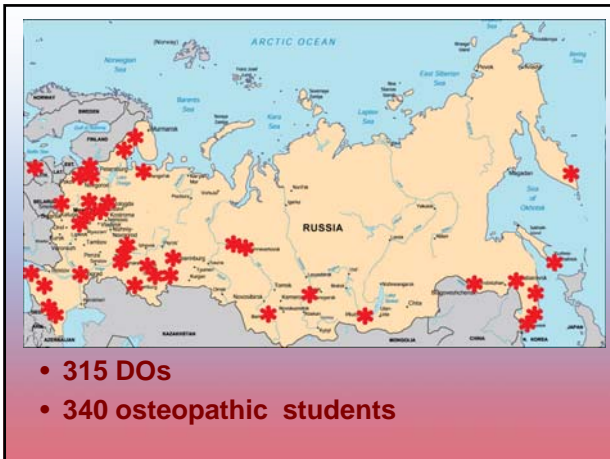


During the last year RAOMed Clinic of Osteopathic Medicine

- was visited by 13500 patients (children amounted to 67%),
- 1894 of them being primary.
- Nearly 50% of patients were strongly recommended by their doctors to have osteopathic treatment,
- 70% of them were infants of the first year of life.

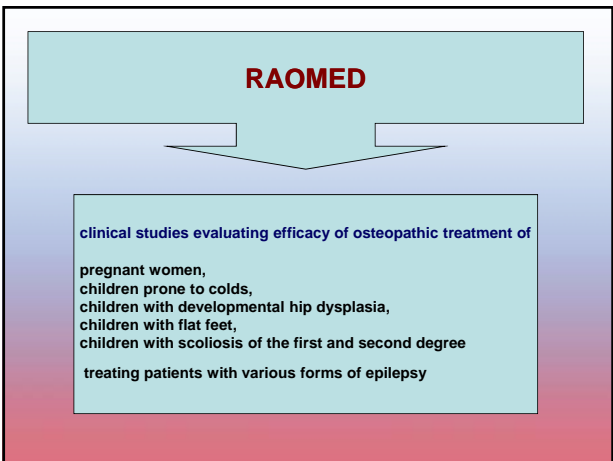
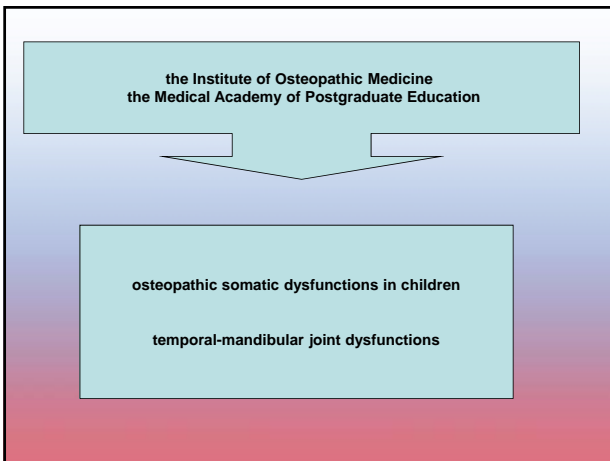
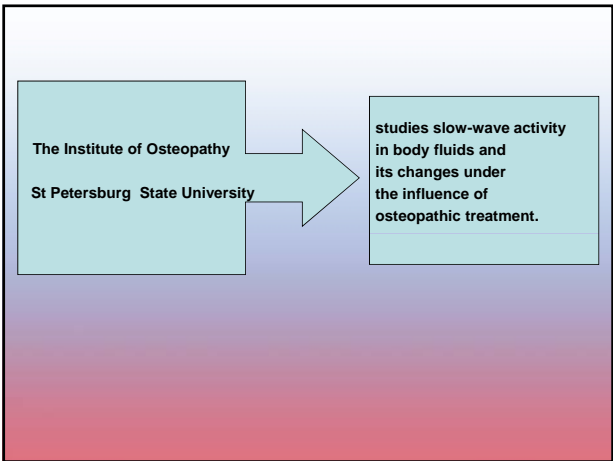
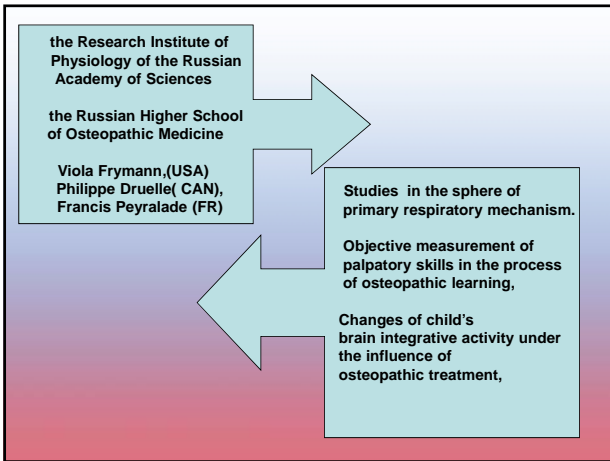
Marketing studies conducted by us in St Petersburg demonstrated that

- **65** medical centers have an osteopath on their staff, and
- **eight** of them consider osteopathy a prevailing method of treatment



Two main directions of osteopathic research in Russia

- fundamental studies in osteopathy,
- clinical studies evaluating efficacy of osteopathic treatment or various osteopathic techniques



During two decades of osteopathy existence in Russia

over **ten** theses for degree of candidate and

three theses for degree of doctor of medical sciences based on osteopathy have been defended.

Eleven International Symposia

the Russian Higher School of Osteopathic Medicine - 6,
the Institute of Osteopathic Medicine - 3,
the Institute of Osteopathy - 2

One International Conference

(RAOmed 2007).



Osteopathy and White Nights – 2007
300 participants from 17 countries.

Due to the popularity of OSTEOPATHY the Russian Association of Manual Therapists initiated the conduction of the first All-Russia Osteopathic Congress. It was decided to organize it in the cradle of Russian Osteopathy - St. Petersburg in December 2008



Three osteopathic journals have been registered

for about 10 books have been published by DOs

THANK YOU FOR YOUR ATTENTION

